

## **Lesson Plans - Safe and Kind**

*To be used with the album:*

*“Come and See My Rainbow - Kindergarten Music Volume 1” by Barb McIlquham*

### **Before Teaching the Song:**

1. Have a class discussion about feelings.
2. Have the students name some feelings and print them on chart paper.
3. Have students give examples for each feeling.

### **After Teaching the Song:**

1. As a class, make a list of all of the things the students can do unassisted.
2. Make up a book entitled “I Can Do It” for each student.
3. Have students fill in the pages of the book by drawing pictures of the things they can do.
4. Each page can have the sentence, “I can \_\_\_\_\_.” The students then print the name of the activity they can do to accompany their drawings.